

# 15 SKILLS

HOW TO LEARN

HOW TO MANAGE YOU

HOW TO PLAN

HOW TO WING IT

HOW TO TRUST THE PROCESS

HOW TO QUIT

HOW TO COLLABORATE

## SCHOOL DOESN'T TEACH YOU

HOW TO FIND ALTERNATIVE SOLUTIONS

HOW LIFE WORKS

HOW TO DEAL WITH MENTAL PROBLEMS

HOW TO SELF CONTROL

HOW TO STAND YOUR GROUND

HOW TO DEAL WITH UNPREDICTABILITY

HOW TO ANALYZE & VISUALIZE

HOW TO NEGOTIATE